

**Preliminary Program Postdoc Retreat
5-7 November 2008
Kapellerput (Heeze)**

“Take charge of your career”

During this 3-day meeting you as a Life Science postdoc will explore your career possibilities. Plenary lectures by motivational speakers will inspire you to discover what is important in pursuing the career you wish for and how to achieve your goals. You will learn how you can use and improve your skills. This retreat furthermore offers you the opportunity to look over the academic border by listening and talking to (former) scientists working in industry and in other organisations, and you can learn from them about the future of science and how to shape your career.

Wednesday November 5th

Exploring your possibilities

As a postdoc you are expected to run your own little business when it comes to your research project. This may involve supervising PhD students and technicians, writing grants, collaborating with other scientists, and negotiating your position in the research department. Doing this, you discover your qualities and acquire skills that are not only useful for a career in science, but also outside the academic borders. This first day you will explore what you do best and what drives you. This will help you to determine your goals for the future and set out your career path. Furthermore, you will learn how to present yourself to others.

9.30- 10.30	Check in and coffee	
	Plenary session	
10.30-10.45	Welcome: Peter Peters (dean postdoctoral affairs NKI-AVL)	
10.45-12.15	Shaping your career. Renowned scientists and industry representatives tell their story. Marcel Tijsterman (Hubrecht Laboratory, winner of a prestigious ERC Starting Grant) <i>Speaker to be invited</i>	
12.15-13.30	Lunch	
13.30-14.15	Plenary session: “Explanation of the purpose of the workshops”	
14.15-14.30	Short pitches on workshops & sign in	
14.30-17.00	Workshops “Discover your talents”: Me at my best You are much more than your knowledge and CV <i>Title unknown</i> <i>Title unknown</i>	Jeanet Elders & Klaas Jan de Vries Harriët Reker Gonja Hikspoor & Geraldine Sinnema Brigitte Hertz
17.00-17.30	Break	
17.30-19.30	Workshop “Present Yourself” If you want to reach your goals, you need to be able to sell yourself effectively, both in person and on paper. Learn how to give an effective elevator pitch from professional trainers (Gijs Meeuwssen, Brigitte Herz and <i>3rd trainer</i>).	
19.30-21.00	Dinner	
21.00-?	Venipub	

Thursday November 6th

Expanding your possibilities

Surviving in science means that you have to focus on getting published. But there are many roads to getting the necessary results besides doing the pipetting all by yourself: writing a grant for a PhD student, negotiating a technician with your group leader, supervising people, and collaborating with another group or even a company. To be able to do this, other skills are equally important as your practical skills. And which skills are important if you do not want to stay in science?

7.30-9.00	Breakfast Plenary session	
9.00-9.30	Wake up!	
9.30-12.15	Use your skills to the best. A renowned scientist and two young scientists who chose a career outside academia tell their story: Bruce Alberts (USCF, editor of Science and author of "THE CELL") Marion Blomenröhr (senior research scientist at Organon-Schering Plough) Marije Marsman (patent attorney in training at de Vereenigde)	
12.15-13.30	Lunch	
13.30-16.30	Workshops "Increase your skills";: Too little time, too much work? That can change! How to write an effective research proposal Strategic behaviour Giving feedback Project management	Charlotte de Lange & Karin Peperkamp Paul Bogaard Juditha Melssen Marie Claire Dassen Jan van den Broek
16.30-17.00	Coffee break	
17.00-18.00	Keynote lecture: Bart Noordam (ASML, former director of FOM Institute for Atomic and Molecular Physics, currently ASML)	
19.00-20.30	Dinner	
21.00- 22.00	Cabaret	

Friday November 7th (Networking Day)

The future of science

The way science is performed at both universities and companies, and what research receives funding is dependent on socio-economic developments on a macro-scale and thus changes gradually. As a scientist you have to evolve to be able to keep up with these changes and develop yourself so that you fit in. Today is all about meeting people and learning from them, about both science and career. And it is of course a great opportunity to make new contacts and show the best of yourself and your research.

- 07.30- 09.30 Breakfast and check-out
- 09.30- 10.15 Key note lecture: **Hans Clevers** (director Hubrecht Laboratory)
- 10.15- 10.30 Coffee break
- 10.30- 12.00 Forum: **The future of science**
Prominent scientists, industry representatives and policy makers give their view on the future of science and how to deal with these developments as a scientist. How can you prepare yourself as a postdoc for your future in science?
- Confirmed panel members: Hans Clevers (NIOB), Nettie Buitelaar(Leiden Biobusiness Park), Lisette Appelo (Philips)
- 12.00- 13.30 Lunch
- 13.30- 14.15 Roundtable discussions:
14.15- 15.00 In small groups postdocs talk with invited guests who once were postdocs and have moved on successfully. Topics of interest may be:
1. Research in academia. What capacities should you have/develop to become a group leader?
 2. Research in industry. What kind of research is done? What kind of jobs are there and what skills should you have?
 3. A future outside science? What do former scientist also do?
 4. Working for a new biotech company or starting your own company. What does it take?
 5. Granting: who gets grants and why?
 6. Combining family and career.
- With alumni and representatives invited from NWO, ZonMW, SenterNovem, KWF, RGO, TI Pharma, Vereenigde, HAN BioCentre, IKC Rotterdam, TNO, Unilever, GSK, Organon, Pharming group, Philips Research, Solvay Pharmaceuticals, DSM, Galapagos, Octopus, Numico research, OMS, Amgen, AM Pharma, Crucell, Avantium technologies, BaseClear, Bayer BioScience, BioClear, BioMedBooster, BPRC, Clinquest, GenMab, FlexGen, Service XS, IQ corporation, J&J, Keygene, Kinesis, Kreatech Biotechnology, Notox, To-BBB, Skyline Diagnostics, etc.
- Confirmed guests: René van Herpen (Organon), Ewald van den Bremer (Genmab), Andrew Spink (Noldus), Erik van Beers (Skyline Diagnostics)
- 15.00-16.00 Ask that one burning question over a drink
- 16.00-16.30 Wrap-up

[Pdf of program \[hyperlink pdf\]](#)